

Itinerary for Cape Town

Day 1- Monday

We will meet at OR Tambo at 08h00 for our 10h00 flight to Cape Town. I will pick-up some of you, times to be advised next week, and others will meet us there. We arrive in CT at 12h10, where we will board our bus and transfer straight to our accommodation in St James, right on the sea. Once we have settled in we will take a short drive along the coast to Simonstown for a late (2.00pm ish) light lunch at one of their well known coffee bars. After lunch you may want to look around this quaint little town which is steeped in history. By this time, about 4.00pm, we should head home. At your leisure you could put your feet up or take a lovely walk along the sea. There is a concrete path below the street wall which winds along the beaches and rock formations. At 7.00pm we will depart for dinner in Kalk Bay.

Day 2 – Tuesday

Today we see the Peninsula in all its shapes and hues. We travel through Kalk Bay, Fishhoek, Simonstown and stop at Boulders to visit the penquins. Then on to the edge of the Cape Point Reserve. We then have to leave False Bay and head over to Scarborough, good stop for tea/coffee and then to Kommetjie and Noordhoek on the Atlantic side, followed by the spectacular Chapman's Peak drive which will take us in to Hout Bay, where we will stop for lunch. After lunch we will pass Llandudno and travel along the Twelve Apostles before reaching Bakoven, Camps Bay, Clifton, Bantry Bay and Seapoint. At this stage, a quick trip across the City and home through the Southern Suburbs will be welcomed I imagine. Once again some time at your Leisure. Dinner will be in Kalk Bay Harbour.

Day 3 – Wednesday

Of course we have to see where all that delicious wine comes from. So we head for Stellenbosch, passing many wine farms on the way, We have a look at Stellenbosch which is a picturesque town and continue on the wine route. We will stop at a French owned Wine estate for a tasting and a light lunch. When we have had enough of the wine route we

head back to Cape Town. This may be the opportunity for the Cable Way for those who are keen. Those who aren't, including myself, could visit Signal Hill in the mean time. Alternatively we could all visit the V&A Waterfront. We can decide then and there. Tonight we dine in Tokai.

Day 4 – Thursday

Today we see the sights of the City. Starting with the Castle of Good Hope, the oldest building in SA, followed by the Grand Parade and then Green Market Square. Once you have spent some money, maybe!, we will go and have a look at where all the parliamentary drama has taken place. Then down to see the colourful Bo-Kaap. If we haven't got to the V&A Waterfront yet, this will be a good time to go there. Whatever we do then, we will then head for Kirstenbosch and finally Groot Constantia. Our last dinner will be at the strangest place, in Kalk Bay. All the foreign celebrity chefs, Jamie Oliver for one, visit it because the food is simply delicious. No bookings so we have to be there by 5.15pm to get a table. I guarantee that on arrival you will wonder if I have lost my mind!

Day 5 - Friday

Our last day. We need to be at the Airport by 10.00am, which means we must leave at 9.30am, latest. We will take the Baden-Powell beach road. So I guess an early morning walk along St James may be the best utilisation of time available. Some may prefer to just enjoy the view. We will land at OR Tambo at 2.00pm and will then transfer home.